

A supportive brotherhood of compassionate men in the community

*You are not alone.
We Help You Help Her.*

**Feeling stressed? Overwhelmed?
Looking for a place to talk openly and honestly
with other men in a similar situation?**

Male Spousal Caregiver Support Group

When and Where?

10:00AM-11 00AM
Third Saturday of
the month at the
Greenbelt Community Center
Community Meeting Room
(Room 103)
15 Crescent Road
Greenbelt, Maryland

Who is it for?

Husbands caring for
chronically ill wives.

Real Men CARE, Inc. Empowerment Sessions provide a forum where men who act as caregivers for their chronically ill or disabled wives can find the emotional support, tools, and resources to adequately care for their spouses.

Real Men CARE...
enough to seek out the help they need.

Get empowered!

For more information, contact Darnell Johnson
at darnell@realmencare.org or (202) 497-3026.

